

PRE - TRAINING AND IMPLEMENTATION CHECKLIST

To help make your CATCH Training and implementation run smoothly, please read through this entire document and let a CATCH team member know if you have any questions.

☐ Sites will need CATCH Curriculum and Physical Activity Equipment to get started.

CATCH Curriculum

If you are implementing CATCH Early Childhood

You will need: [CATCH Early Childhood Curriculum](#) (PE Activity Box & Classroom Lessons)



If you are implementing CATCH Kids Club After-School

You will need: CATCH Kids Club Activity Box and Nutrition Manual

[CATCH Kids Club for Grades K-5](#)

AND/OR

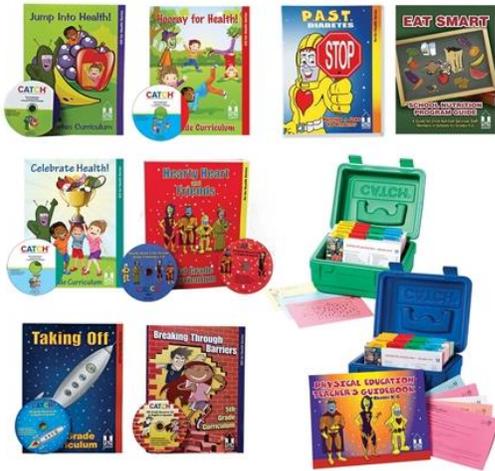
[CATCH Kids Club for Grades 5-8](#)



If you are implementing CATCH In School Grades K-5 and/or Grades 6-8

You will need: Curriculum + Coordination Kit

CATCH Grade K-5 Curriculum
(Classroom Lessons, P.E. Activity Boxes,
Eat Smart Manual)

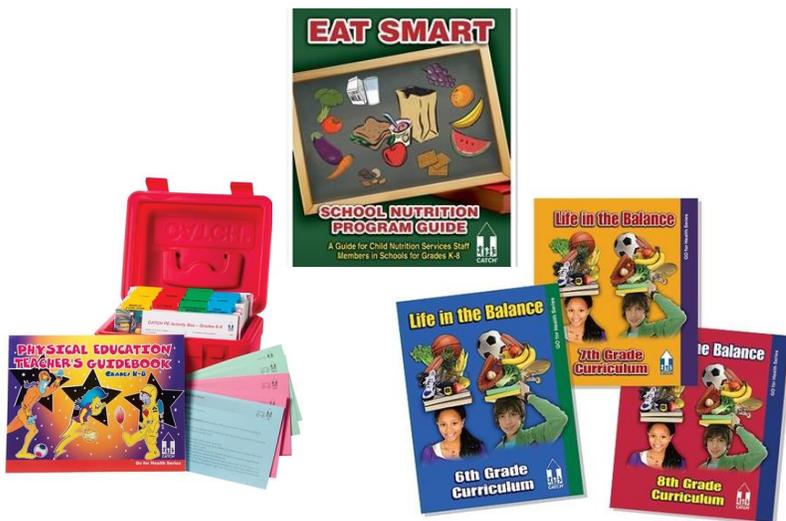


Elementary Coordination Kit



AND/OR

CATCH Grade 6-8 Curriculum
(Classroom Lessons & PE Activity Box,)
Eat Smart Manual)



Middle School Coordination Kit



Physical Activity Equipment

We can recommend developmentally appropriate equipment matched with the CATCH Activity Boxes suited to your site needs and budget. Please call a CATCH team member for assistance.

[CATCH Early Childhood Set](#)



[CATCH Kids Club Set](#)



INFORMATION NECESSARY FOR A SUCCESSFUL TRAINING

Prior to your training you will receive communications from the following people:

- Lindsay Edgar, CATCH Community Consultant.** Lindsay will help you with the paperwork necessary to conduct a training and assist in arranging logistics.
- Your representative from Flaghouse, Inc.** Flaghouse will guide you on the proper curriculum and equipment necessary in order to implement CATCH and ensure you receive your materials before your training.
- John Krampitz, CATCH Training Manager.** John will work with you to make sure the training you are receiving fits your needs.
- Your CATCH Master Trainer.** Your trainer will contact you approximately 10 days before training and confirm that you have everything you need for your training day.

We will need to know prior to the training:

- Did you purchase the curriculum and/or equipment you will need to implement the CATCH Program after the training (please reference the previous pages to identify your needs).
- Will a set of the CATCH materials be made available on training day? **Please note that it is imperative that certain materials (such as the Coordination Kit) be purchased before training and made available for use on training day.**
- Are the attendees responsible for purchasing their own curriculum post training?
- Where would you like the training day materials shipped?

NEEDS FOR TRAINING DAY:

YOU Provide:

- Attendees! The Client is responsible for securing the participants. The maximum number of participants shall be 35 attendees. The key to effective implementation is having the right people at your training. If you have any questions about who should attend the training, please reach out to the CATCH team to ask. Please advise trainees to wear sneakers and comfortable clothing as this is a physically active training. If you need logos or language to promote your CATCH training to the local community, just let us know and we can help.
- Appropriate facility space for the training session – we need adequate size to both (1) safely accommodate the participants engaged in physical activities, and (2) accommodate the participants with classroom style seating and tables. Recommended minimum physical activity space for a training of 35 adults is 900-1,000 square feet.
- LCD/In-Focus Projector
- Screen or white wall free of obstructions
- Boom box (with CD player or some other sound system for CD's)
- Extension cord and extension cord adapter

Note: if you are providing meals or snacks for your training, please make your best effort to choose healthy foods. The CATCH program emphasizes leading by example!

CATCH Provides (included in the cost of training):

- A fun and energetic trainer (all fees and travel included)
- All handouts, rosters, name tags, certificates and training manuals – these will be shipped to location of your choice and must be available training day on site.
- Physical activity equipment needed to conduct the training – these will be shipped to location of your choice and must be available training day on site - you can keep or donate the materials post-training.

**FOR DETAILED EQUIPMENT AND CURRICULUM QUOTES CALL
FLAGHOUSE CATCH TEAM**

Monica Sharkey 201 329 7527
Monica.sharkey@flaghouse.com

**FOR QUESTIONS ABOUT TRAINING DAY LOGISTICS CALL
CATCH GLOBAL FOUNDATION**

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