Yearbook

CATCH us Being Healthy at Algonquin Elementary 2020-2021

CATCH is supported at this campus by Michigan Health Endowment Fund

- Move and Stay Active
- Value Healthy Eating
- Practice Healthy Behaviors

We are a CATCH MVP School!
A Coordinated Approach to Child Health: To-Do List

- ✔ School Leadership
- ✔ Coordinating the Message
- ✔ Sharing the Message
- ✔ Instruction
- ✔ Family Engagement

The beginning of our Action Wall.
Our Team came together with a very clear message in mind for our students, not only did they receive our message, they exceeded our expectations.

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Favorite GO Food</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dave Licari</td>
<td>PE Teacher</td>
<td>Chicken</td>
</tr>
<tr>
<td>Cori Schott</td>
<td>4th Grade Teacher</td>
<td>Banana</td>
</tr>
<tr>
<td>Wendy Lucka</td>
<td>3rd Grade Teacher</td>
<td>Oatmeal</td>
</tr>
<tr>
<td>Susan Bismack</td>
<td>5th Grade Teacher</td>
<td>Strawberries</td>
</tr>
<tr>
<td>Dan Patton</td>
<td>5th Grade Teacher</td>
<td>Venison</td>
</tr>
</tbody>
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ABC’s CATCH Team

- **Meetings:**
  We meet once a month.

- **Successes:**
  - Staff and student buy-in.
  - Admin support.
  - CATCH was accepted with ease due to Phys Ed fitness program's strong approach to health and wellness.
  - Student discussions with teachers outside of Phys Ed are strong and students are committed.

Prepping to do our family challenge video!!!
CATCH Messages
Everyday & Every Way

“As evidenced by our board filling up the message has been received loud and clear!!”

Working hard in the gym

Coordinating the Message

Everyday reminders in the halls
Morning announcements

The workout and post workout

Second Grade MVP's

Coordinating the Message
Sharing the Message on Social Media

**Playing *tag***!

Algonquin Elementary!
@alonquinel

CATCH
@CATCHhealth
Learning to Make Healthy Choices

“OUR STUDENTS WERE ON THEIR WAY IN FITNESS, CATCH WAS THE FINAL PIECE OF THE PUZZLE, THEY ARE NOW STARTING TO UNDERSTAND HEALTH AND WELLNESS”
Family Engagement

Family Wellness Event

We Thrive on outdoor activity!

- Parent

“Staying active as a family helps us connect and stay fit”

Hanging out after a day on bikes

A day on the trails.
Using the Coordination kit at the beginning helped us to introduce this process to our students. 100% buy in from our staff was huge. The final piece of the puzzle was our parents reinforcing our message. We can’t wait to start at the beginning of the school year and get a full year in!