

CATCH[®]
COORDINATED APPROACH TO CHILD HEALTH

Yearbook

- **M**ove and Stay Active
- **V**alue Healthy Eating
- **P**ractice Healthy Behaviors



We are a
CATCH **MVP**
School!

CATCH us Being Healthy at Algonquin Elementary

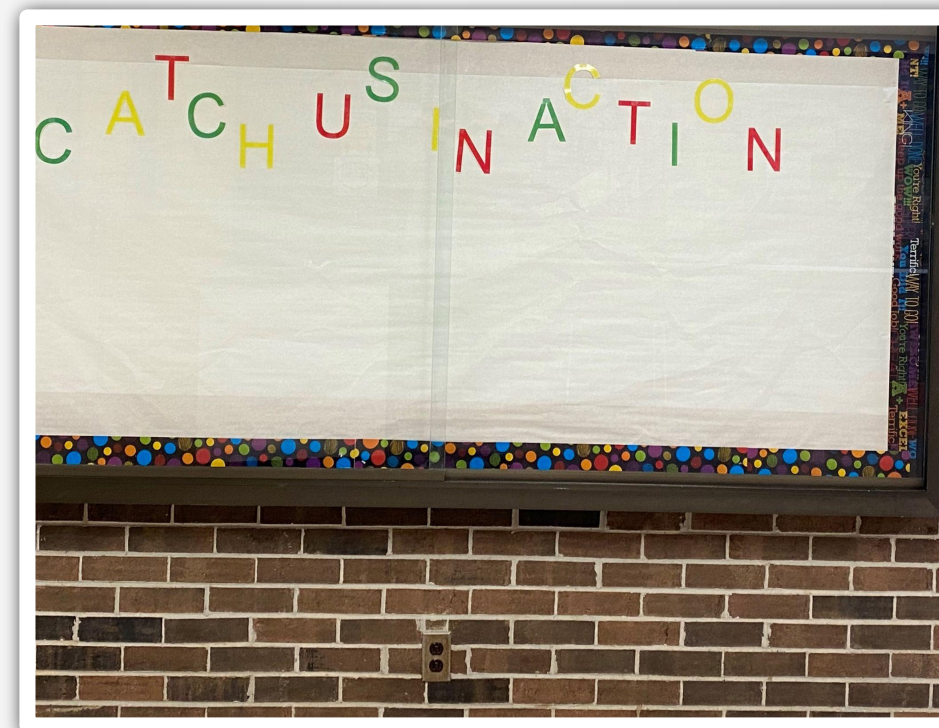
2020-2021

CATCH is supported at this campus by

MICHIGAN HEALTH
ENDOWMENT FUND

A Coordinated Approach to Child Health: To-Do List

- ✓ School Leadership
- ✓ Coordinating the Message
- ✓ Sharing the Message
- ✓ Instruction
- ✓ Family Engagement



*The
beginning of
our Action
Wall.*



Our CATCH Team

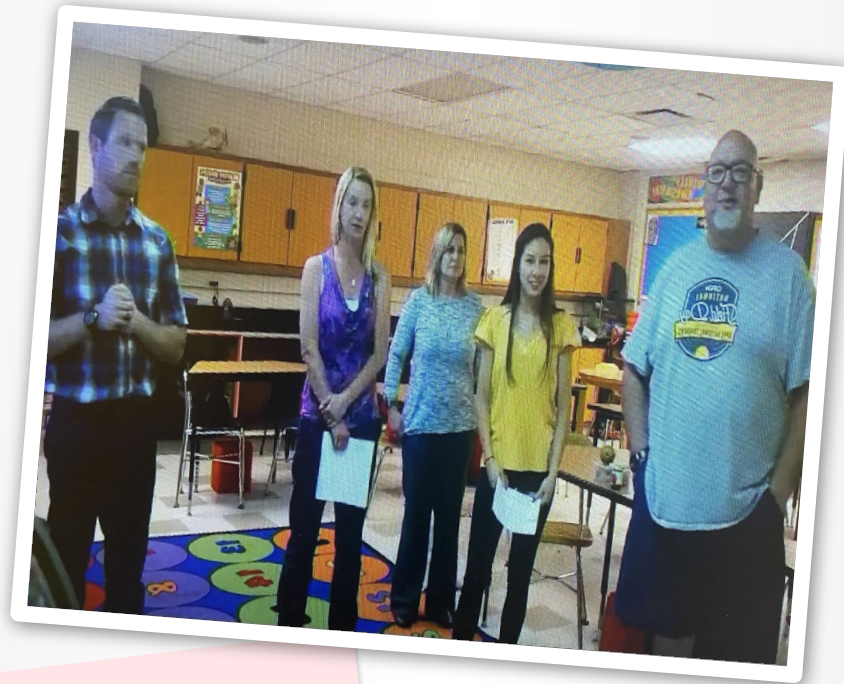


“Our Team came together with a very clear message in mind for our students, not only did they receive our message, they exceeded our expectations.”

Name	Title	Favorite GO Food
Dave Licari	PE Teacher	Chicken
Cori Schott	4th Grade Teacher	Banana
Wendy Lucka	3rd Grade Teacher	Oatmeal
Susan Bismack	5th Grade Teacher	Strawberries
Dan Patton	5th Grade Teacher	Venison



ABC's CATCH Team



Prepping to
do our family
challenge
video!!!

School Leadership

- **Meetings:**

We meet once a month.

- **Successes:**

- Staff and student buy in.
- Admin support.
- CATCH was accepted with ease due to Phys Ed fitness program strong approach to health and wellness.
- Student discussions with teachers outside of Phys Ed are strong and students are committed.



CATCH Messages Everyday & Every Way

“

As evidenced by our board filling up the message has been received loud and clear!!

”



Coordinating the Message



Everyday reminders in the halls

Working hard in the gym



Morning
announcements



The
workout
and post
workout



Coordinating the Message



Second Grade
MVP's





Boosting the Message on Social Media

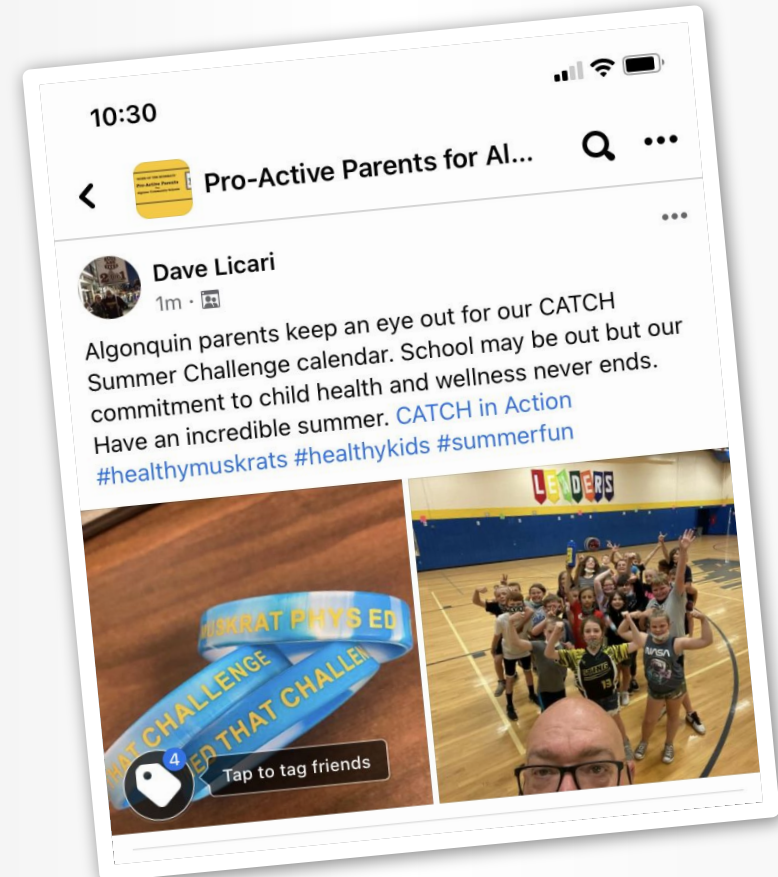


Playing *tag*!

Algonquin
Elementary!
@algonquinel

CATCH
@CATCHhealth

Sharing the Message





Learning to Make Healthy Choices

Health Posters



“

OUR STUDENTS WERE ON THEIR WAY IN FITNESS, CATCH WAS THE FINAL PIECE OF THE PUZZLE, THEY ARE NOW STARTING TO UNDERSTAND HEALTH AND WELLNESS

”

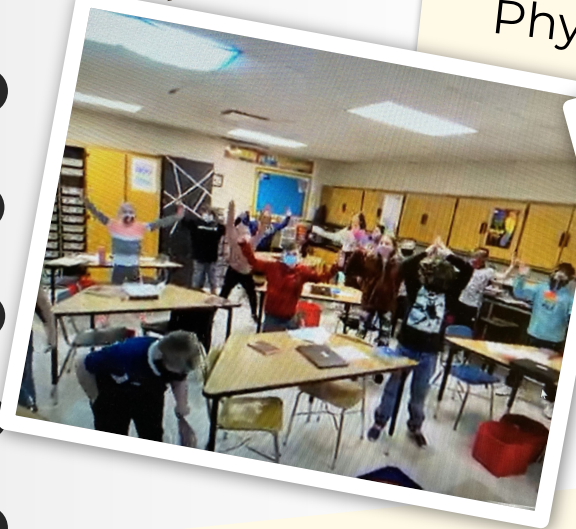


Instruction

3rd Grade Outdoors



Phys Ed



Math Activity Break





Family Wellness Event

“

We Thrive on outdoor activity!

- Parent



”

“Staying active as a family helps us connect and stay fit”

Family Engagement



Hanging out after a day on bikes



A day on the trails.





Health is CATCH'ing on

Using the Coordination kit at the beginning helped us to introduce this process to our students. 100% buy in from our staff was huge. The final piece of the puzzle was our parents reinforcing our message. We can't wait to start at the beginning of the school year and get a full year in!