

CATCH[®]
COORDINATED APPROACH TO CHILD HEALTH

Yearbook

We are a
CATCH **MVP**
School!



- **M**ove and Stay Active
- **V**alue Healthy Eating
- **P**ractice Healthy Behaviors

CATCH us Being Healthy at Ellis Elementary

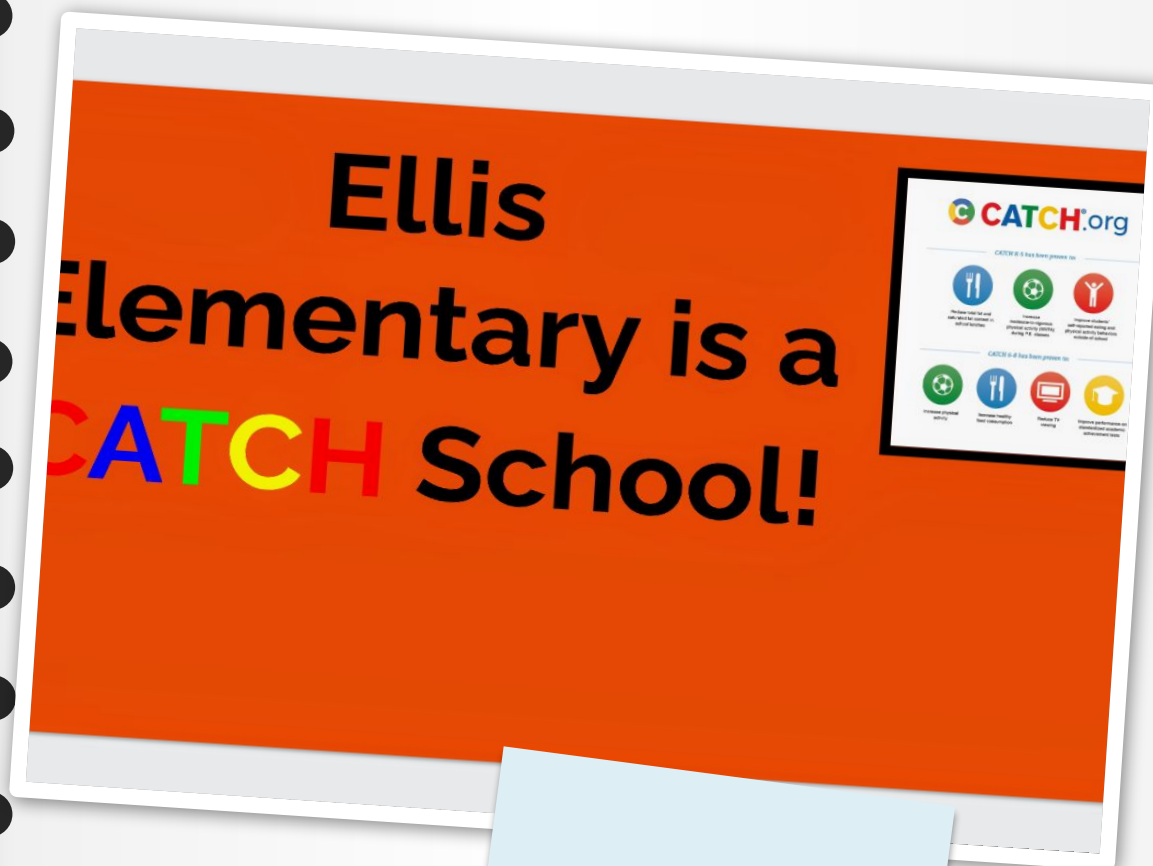
2020-2021

CATCH is supported at this campus by

MICHIGAN HEALTH
ENDOWMENT FUND

A Coordinated Approach to Child Health: To-Do List

- ✓ School Leadership
- ✓ Coordinating the Message
- ✓ Sharing the Message
- ✓ Instruction
- ✓ Family Engagement



*Classroom
banner for
virtual PE.*



Our CATCH Team



The impact CATCH has had on our building has been wonderful! Our students and staff are taking consideration to make healthy choices!
-Rachel O.

Name	Title	Favorite GO Food
Rachel Oswald	PE teacher	Avocado
Becky Little	SLP	Banana
Tammy McCarty	PBIS	Grapes
Dorothy Scheid	Food Service	Apples
Brain Babbitt	Principal	Salad



ELLIS'S CATCH Team



Mrs. Junkleman
and Mr. Swartz
Two staff CATCH
MVP'S!



Our CATCH
team in the
Cafeteria!

School Leadership

- **Meetings:**

Second Wednesday of each month,
and prior to the launch of a new task
as needed.

- **Successes:**

- Updated CATCH bulletin boards each month.
- Family engagement virtual field day in May.
- Wellness Wednesday for staff and virtually for students.



CATCH Messages Everyday & Every Way

Morning announcements and bulletin boards are a great way to spread the CATCH message!



Our staff spreads the message of how they are CATCH MVP's
https://docs.google.com/presentation/d/e/2PACX-1vSxi1QrHdE--TTydoz-rG9yrdFwAknT_ERdN-GkCyIFPXNr5uGUhQhyEnijmK1vlpJD_cNwXg5WNd-9/pub?start=true&loop=true&delayms=10000



Coordinating the Message



Our Kindergarten teachers added some CATCH terminology to the hallway decor.

Our staff enjoys Go choices!



Coordinating the Message

CATCH
board in
the
lunchroom



CATCH kickoff
display



Go Slow
and Whoa
foods at a
glance!



CATCH
task 1



CATCH task 2

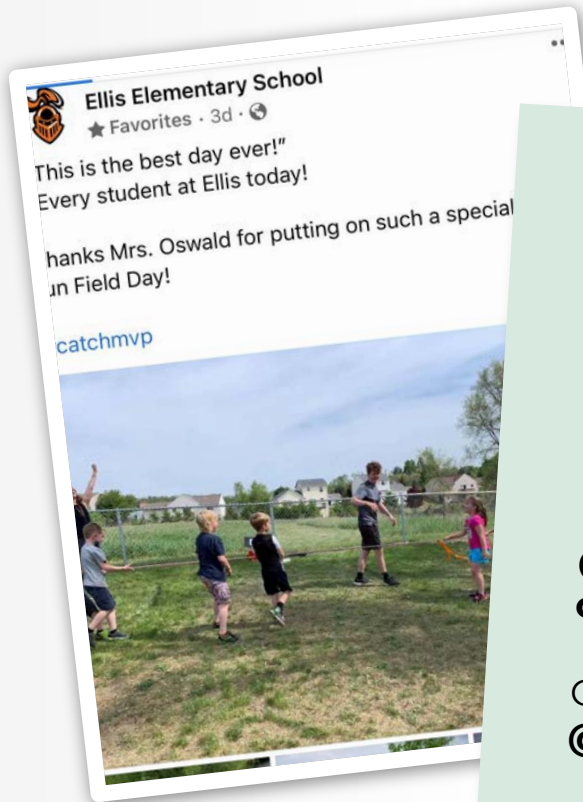


Kindergarte
n joins in
the CATCH
MVP!





Boosting the Message on Social Media



***ELLIS CATCH
Field Day Fun!!***

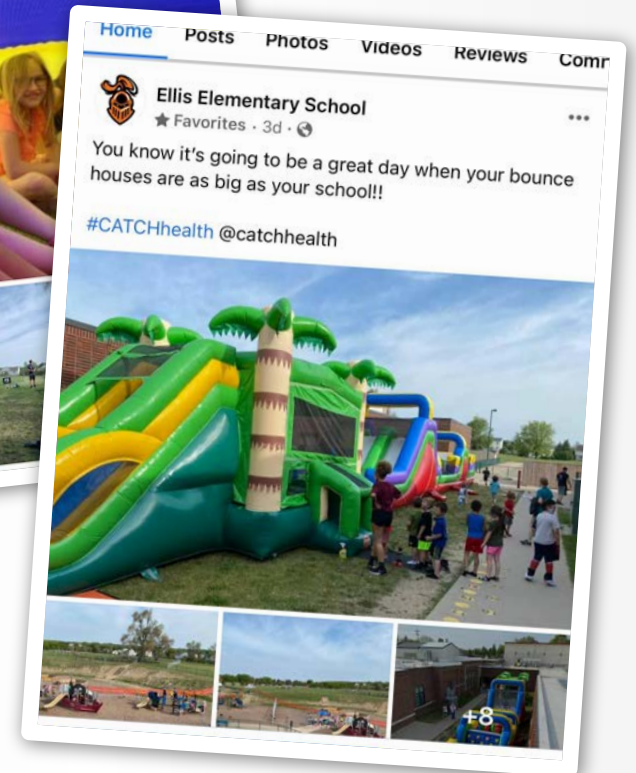
School
@Elliselementary

District
@beldingareaschools

CATCH
@CATCHhealth

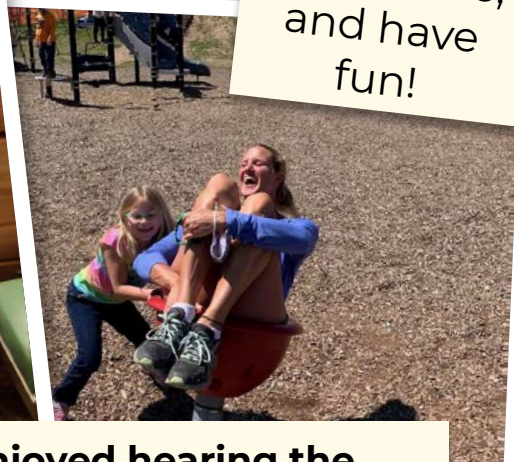
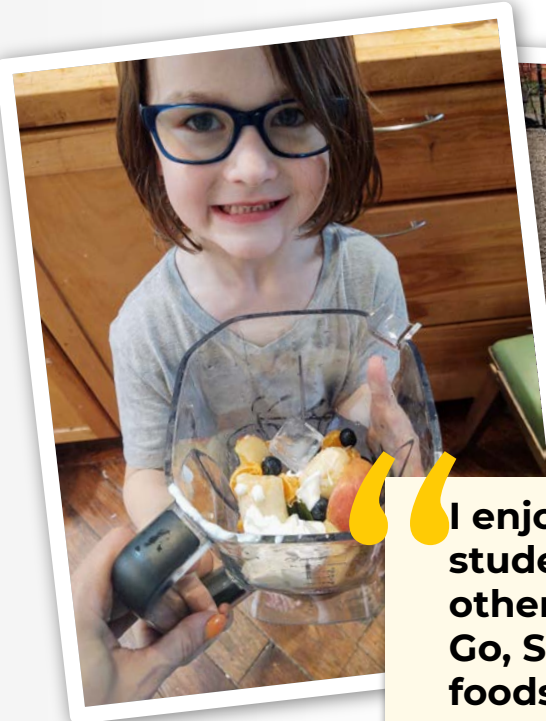
**#bouncehousesas
bigasourschool**

Sharing the Message





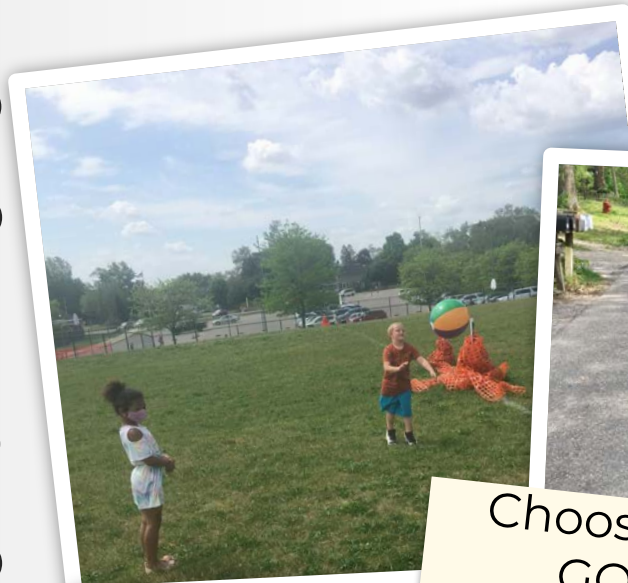
Learning to Make Healthy Choices



Stay active,
and have
fun!

I enjoyed hearing the students remind each other and staff about Go, Slow, and Whoa foods and activities. CATCH has had a very positive impact on our staff, students and community!

Instruction



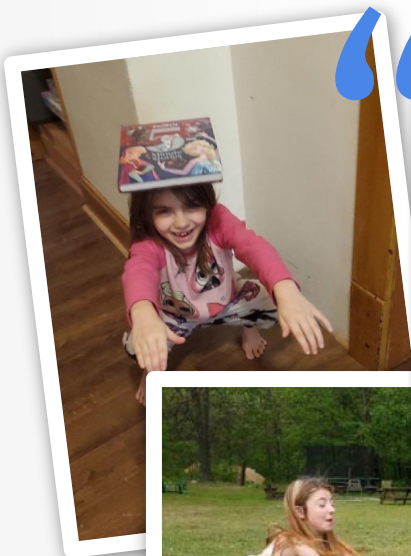
Choosing
GO
activities!



Play is
important!



Family Wellness Event



Thank you for putting together the (CATCH Virtual Field Day) slide show, the kids had a lot of fun!
-Mrs. Norman

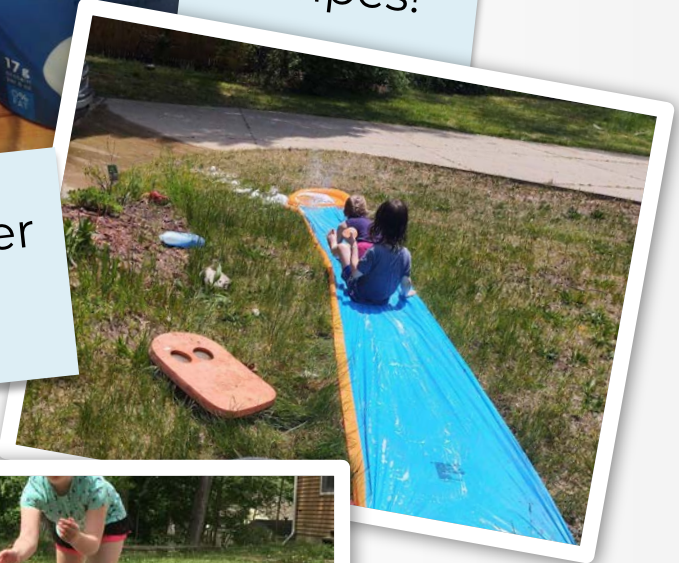


Family Engagement



Go Food Family recipes!

Favorite summer family fun activities!



Bowling fun!

Health is CATCH'ing on

This year has been far from ordinary. We were so excited to have the opportunity to use the CATCH Kit in our building and spread reminders of health and wellness of the whole child. It was a great asset to the wellness of our staff and students. It was a joy listening to students talk about their favorite Go foods and activities as they walked past the bulletin boards.

