

K-2 Curriculum Map



Week	Coordination Kit	Health Ed Journeys	PE Journeys	SEL Journeys
1	See CATCH	Let's GO CATCH! (Foundational Health Literacy)	Welcome to Physical Education & Safety Practices	Self-Awareness Anchor
2			Cooperative Activities & Parachute	Self-Awareness: Emotions
3				Self-Awareness: Knowing Myself
4				Self-Awareness: My Strengths
5			Fundamental Movement Concepts: Locomotor, Non-Locomotor & Manipulative	Self-Awareness: Self-Confidence
6		Self-Awareness: Growth Mindset		
7		My Health Journey #1	My PE Journey #1	My SEL Journey #1
8	Hear CATCH	Nutrition & Physical Activity	Manipulative Skills: Throwing & Catching	Relationship Skills Anchor
9				Relationship Skills: Being Friendly
10				Relationship Skills: Communication
11			GO-SLOW-WHOA Nutrition Games	Relationship Skills: Making Friends
12				Relationship Skills: Teamwork
13		Relationship Skills: Group Dynamics		
14		My Health Journey #2	My PE Journey #2	My SEL Journey #2
15	Do CATCH	Physical Health & Hygiene	Manipulative Skills: Dribbling & Passing	Self-Management Anchor
16				Self-Management: What is Stress?
17				Self-Management: Impulse Control
18			Procedure Review & Cooperative Games	Self-Management: Effort
19			Gymnastics Skills, Flexibility, Muscular Strength & Endurance	Self-Management: Setting Goals
20		Self-Management: Organization		
21		My Health Journey #3	My PE Journey #3	My SEL Journey #3
22	Engage with CATCH	Mental Health & Wellness	Rhythm Activities, Jump Rope & Cardiovascular Endurance	Social Awareness Anchor
23				Social Awareness: Empathy
24				Social Awareness: Thinking About Others
25		Substance Misuse Prevention	Manipulative Skills: Volleying	Social Awareness: Diversity & Differences
26				Social Awareness: Respect for Others
27		My Health Journey #4		Social Awareness: Appreciating Cultures
28		My PE Journey #4		My SEL Journey #4
29	Celebrate & Sustain	Staying Safe	Manipulative Skills: Striking	Responsible Decision-Making Anchor
30				Responsible Decision-Making: Identifying Problems
31			Manipulative Skills: Dribbling (Feet) & Kicking	Responsible Decision-Making: Noticing Details
32				Responsible Decision-Making: Solving Problems
33				Responsible Decision-Making: Reflecting
34			Environmental Awareness & Safety Practices Outdoor & Recreational Pursuits	Responsible Decision-Making: Healthy Choices
35		My Health Journey #5	My PE Journey #5	My SEL Journey #5
36		Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success

3-5 Curriculum Map



Week	Coordination Kit	Health Ed Journeys	PE Journeys	SEL Journeys	
1	See CATCH	Let's GO CATCH! (Foundational Health Literacy)	Welcome to Physical Education & Safety Practices	Self-Awareness Anchor	
2			Cooperative Activities & Parachute	Self-Awareness: Emotions	
3				Self-Awareness: Knowing Myself	
4			Fundamental Movement Concepts: Locomotor, Non-Locomotor & Manipulative	Self-Awareness: My Strengths	
5		Self-Awareness: Self-Confidence			
6		My Health Journey #1	Self-Awareness: Growth Mindset		
7	Hear CATCH	Nutrition & Physical Activity	My PE Journey #1	My SEL Journey #1	
8			Manipulative Skills: Throwing & Catching	Relationship Skills Anchor	
9				Relationship Skills: Being Friendly	
10			GO-SLOW-WHOA Nutrition Games	Relationship Skills: Communication	
11		Relationship Skills: Making Friends			
12		Relationship Skills: Teamwork			
13	Do CATCH	My Health Journey #2	My PE Journey #2	Relationship Skills: Group Dynamics	
14				My SEL Journey #2	
15			Physical Health & Hygiene	Manipulative Skills: Dribbling & Passing	Self-Management Anchor
16					Self-Management: What is Stress?
17		Mental Health & Wellness	Procedure Review & Cooperative Games	Self-Management: Impulse Control	
18				Self-Management: Effort	
19	Engage with CATCH	Gymnastics Skills, Flexibility, Muscular Strength & Endurance	My PE Journey #3	Self-Management: Setting Goals	
20				Self-Management: Organization	
21			My Health Journey #3	My SEL Journey #3	
22			Substance Misuse Prevention	Rhythm Activities, Jump Rope & Cardiovascular Endurance	Social Awareness Anchor
23		Social Awareness: Empathy			
24		Manipulative Skills: Volleying		Social Awareness: Thinking About Others	
25	Social Awareness: Diversity & Differences				
26	Celebrate & Sustain	My Health Journey #4	My PE Journey #4	Social Awareness: Respect for Others	
27				Social Awareness: Appreciating Cultures	
28			Staying Safe	Manipulative Skills: Striking	My SEL Journey #4
29					Manipulative Skills: Dribbling (Feet) & Kicking
30		Environmental Awareness & Safety Practices Outdoor & Recreational Pursuits	Responsible Decision-Making: Identifying Problems		
31			Responsible Decision-Making: Noticing Details		
32	Responsible Decision-Making: Solving Problems				
33	Responsible Decision-Making: Reflecting				
34	My Health Journey #5	My PE Journey #5	Responsible Decision-Making: Healthy Choices		
35			My SEL Journey #5		
36	Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success		

6-8 Curriculum Map



Week	Coordination Kit	Health Ed Journeys	PE Journeys	SEL Journeys
1	See CATCH	Let's GO CATCH! (Foundational Health Literacy)	Welcome to Physical Education & Safety Practices	Self-Awareness Anchor
2			Cooperative Activities & Parachute	Self-Awareness: Emotions
3				Self-Awareness: Knowing Myself
4			Fundamental Movement Concepts: Locomotor, Non-Locomotor & Manipulative	Self-Awareness: My Strengths
5		Self-Awareness: Self-Confidence		
6		My Health Journey #1	Self-Awareness: Growth Mindset	
7	Hear CATCH	Nutrition & Physical Activity	My PE Journey #1	My SEL Journey #1
8			Manipulative Skills: Throwing & Catching	Relationship Skills Anchor
9				Relationship Skills: Being Friendly
10				Relationship Skills: Communication
11		GO-SLOW-WHOA Nutrition Games	Relationship Skills: Making Friends	
12			Relationship Skills: Teamwork	
13			Relationship Skills: Group Dynamics	
14	My Health Journey #2	My PE Journey #2	My SEL Journey #2	
15	Do CATCH	Mental Health & Wellness	Manipulative Skills: Dribbling & Passing	Self-Management Anchor
16				Self-Management: What is Stress?
17		My Health Journey #3	Procedure Review & Cooperative Games	Self-Management: Impulse Control
18				Self-Management: Effort
19		Muscular Strength, Flexibility & Endurance	My PE Journey #3	Self-Management: Setting Goals
20				Self-Management: Organization
21	My SEL Journey #3			
22	Engage with CATCH	Substance Misuse Prevention	Rhythm Activities, Jump Rope & Cardiovascular Endurance	Social Awareness Anchor
23				Social Awareness: Empathy
24			Performance Strategies: Net Wall Games	Social Awareness: Thinking About Others
25		Social Awareness: Diversity & Differences		
26		Social Awareness: Respect for Others		
27		My Health Journey #4	Social Awareness: Appreciating Cultures	
28	Celebrate & Sustain	Staying Safe	My PE Journey #4	My SEL Journey #4
29			Performance Strategies: Fielding & Striking	Responsible Decision-Making Anchor
30				Responsible Decision-Making: Identifying Problems
31				Responsible Decision-Making: Noticing Details
32		Performance Strategies: Invasion Games	Responsible Decision-Making: Solving Problems	
33			Responsible Decision-Making: Reflecting	
34		Environmental Awareness & Safety Practices Outdoor & Recreational Pursuits	Responsible Decision-Making: Healthy Choices	
35		My Health Journey #5	My PE Journey #5	My SEL Journey #5
36	Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success	