<table>
<thead>
<tr>
<th>Grade</th>
<th>Texas Essential Knowledge and Skills</th>
</tr>
</thead>
</table>
| 5th   | 15(C) describe the physiological effects of alcohol, vaping products, tobacco, other drugs, and dangerous substances.  
      | 16(A) analyze the short- and long-term harmful effects of alcohol, tobacco, other drugs, and dangerous substances such as inhalants and household products on the functions of the body systems and mental and social health  
      | 17(A) analyze how positive peer influence can be used to help a person decide not to use alcohol or drugs; and  
      | 17(B) describe the importance of seeking help and reporting unsafe situations related to alcohol, tobacco, and other drugs.  
      | 19(A) assess how being assertive, using refusal skills, and evaluating peer influence can affect decision making and problem solving;  
      | 19(B) identify a variety of scenarios and the different types of refusal skills that can be used to avoid the use of alcohol, tobacco, and other drugs; and  
      | 19(C) identify and describe healthy alternative activities to the use of drugs and other substances. |
| 6th   | 15(D) describe substance abuse and addiction to alcohol, vaping products, tobacco, other drugs, and dangerous substances.  
      | 16(A) describe the short- and long-term health consequences of prescription and over-the-counter drug misuse and substance use disorders  
      | 17(B) identify signs and symptoms of alcohol; tobacco; drugs, including prescription drugs; and other substance use and misuse such as using medicine prescribed for someone else or for reasons other than intended;  
      | 17(C) identify examples of who, when, where, and how to get help related to unsafe situations regarding the use and misuse of alcohol; tobacco; drugs;  
      | 18(A) explain the impact of peer influence on decision making regarding the use of alcohol, tobacco, and other drugs;  
      | 18(B) describe methods for differentiating between positive and negative relationships that can influence alcohol, tobacco, and other drug use;  
      | 19(A) identify ways such as alternative activities and refusal skills to prevent or avoid the use of alcohol, tobacco, drugs, and other substances;  
      | 19(B) demonstrate refusal skills in various scenarios where alcohol, tobacco, and other drugs may be present; and  
      | 19(C) identify and describe strategies for avoiding alcohol, tobacco, and other drugs, including opioids |
| 7th & 8th | 16(A) analyze and explain the short- and long-term health consequences of addiction to alcohol and tobacco and prescription and over-the-counter drug misuse and substance use disorders;  
          | 17(B) identify signs and symptoms of alcohol; tobacco; drugs, including prescription drugs; and other substance use and misuse such as using medicine prescribed for someone else or for reasons other than intended  
          | 18(A) examine the effects and role of peer influence on decision making and problem solving regarding the use and misuse of alcohol, tobacco, and other drugs;  
          | 18(B) examine physical and social influences on alcohol, tobacco, and other drug use behaviors; |
| HS Health 1 | 16(A) compare and contrast physical and social influences on alcohol, tobacco, and other drug use behaviors;  
            | 16(B) design materials for health advocacy such as promoting a substance-free life; and  
            | 16(C) discuss ways to participate in school-related efforts to address health-risk behaviors. |
            | 17(A) analyze the relationship between the use of refusal skills and the avoidance of alcohol, tobacco, and other drugs; and |
| HS Health 2 | 14(B) analyze the importance of alternative activities to drug and substance misuse and abuse; and 14(C) identify individual and community protective factors and skills that prevent substance misuse and substance use disorders. (17) Alcohol, tobacco, and other drugs--risk and protective factors. The student understands how various factors can influence decisions regarding substance use and the resources available for help. The student is expected to: (A) discuss risk-taking behaviors such as drinking and driving with their associated legal, social, and physical consequences |