

#### Setting CATCH Apart



**Top Evidence Base** 120+ Peer-reviewed studies



**Track Record of Success**Quality P.E. for 30+ Years



Widely Adopted Used by Over 50% of TX K-8 Schools



**TEA Approved**Coordinated School
Health Program

# 100% TEKS Alignment for CATCH P.E.

= 100% coverage

P.E. Strands	Elem	Middle
Movement Patterns & Movement Skills	✓	Ø
Performance Strategies	✓	<b>Ø</b>
Health, Physical Activity, & Fitness	✓	<b>⊘</b>
Social & Emotional Health	<b>⊘</b>	<b>Ø</b>
Lifetime Wellness	<b>⊘</b>	<b>Ø</b>

#### Quality P.E. and Evidence-Based

CATCH is a Quality Physical Education program that is:

- Developmentally Appropriate, Inclusive, Varied, and Fun; and
- Emphasizes Physical Activity, Physical Fitness, and Motor-Skills Development.

Beyond "evidence informed," CATCH is **truly evidence-based**, and has been proven in peer-reviewed studies to:

- Increase physical activity time during P.E. class;
- Increase kids' overall amount of daily physical activity; and
- Maintain behavior changes 3 years post-implementation.

See CATCH's 120+ peer-reviewed publications at catch.org/proven-effectiveness

# **Program Characteristics**



Knowledg Building



Skill



Support



Healthy



CATCH's Proven Formula for Effective Health & Physical Education



- Focus on student empowerment and intrinsic decision making
- Consistent approach across programs (Knowledge + Skill + Environment)
- Common "language of CATCH" across programs
- SEL anchor activities and prompts
- Integration of physical activity and health lessons
- Family components & resources

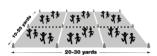
Demos, videos, and more at catch.org/texas











Visual Aids

#### What's Included with CATCH P.E.

- Hundreds of activities, sorted by grade and topic, and organized into easy-to-use cards
  - For each grade there are activity plans and lesson guides with Scope & Sequence, Standards Alignments, and Assessments.
- As part of Universal Design, the program includes:
  - · Visual aids
  - · Printable stop and go signs for class management,
  - Specific vocabulary that can be used to create a word wall or projected during a lesson
  - · Adaptations for physical distancing and Virtual/Hybrid settings
- Robust activity demonstration video library
- SEL prompts and anchor activities within lessons
- CATCH Inclusion Guide with adaptations for kids with physical and intellectual disabilities







# **CATCH.org Tech Specs**

- Access via any Internet-capable device (HTML5 website)
- · Windows, Mac, Android, and iOS compatible
- · Chrome, Firefox, Safari, and Microsoft Edge browsers supported
- Single Sign-On (SSO) or direct user login available
- Teachers access platform, not students
- Easy to navigate content
- Teacher and Campus usage reporting
- User support from CATCH Team
- Secure (HTTPS) and FERPA, COPPA, HIPAA, and CIPA compliant

