

January 16, 2024

I am writing to express my support for the CATCH (Coordinated Approach to Child Health) platform, curriculum and training protocols as the preferred intervention to meet Texas Coordinated School Health requirements.

CATCH has been the adopted Coordinated School Health Curriculum in Seguin ISD since 2008. During this time we have utilized the CATCH Platform and supporting resources to create quality physical education and health education lessons. CATCH has offered us access to evidence based programming to address nutrition, physical activity, vape prevention and social emotional wellness.

One unique benefit of our CATCH adoption has been the access it provides us to exceptional staff development, training and technical support. Over the years we have welcomed many new staff members into Seguin ISD. In an effort to provide consistency and quality instruction we have made an effort to provide our staff with “CATCH booster” training. The CATCH team has always been willing and able to create a training model that provides a foundational awareness to the components of coordinated school health while also providing relevant and innovative extensions to the concepts.

In addition to our school-day adoption of CATCH, Seguin ISD has also invited our city run after-school and district run after-school programs to utilize the CATCH Kids Club concepts in their programming. This collaboration has been exciting and beneficial to creating a community of shared goals.

The CATCH Platform is a tremendous opportunity to improve the health and wellness of our students and community as a whole. I am thankful for the years partnership and look forward to continuing our relationship as we seek to make Texas a healthier place for all our children.

Sincerely,

Pete Silvius  
Director of Whole Child Initiatives  
Seguin ISD