

CATCH[®]
COORDINATED APPROACH TO CHILD HEALTH

Yearbook



We are a
CATCH **MVP**
School!

- **M**ove and Stay Active
- **V**alue Healthy Eating
- **P**ractice Healthy Behaviors

CATCH us Being Healthy at Ealy Elementary

2023-2024

CATCH is supported at this campus by

MICHIGAN HEALTH
ENDOWMENT FUND

A Coordinated Approach to Child Health: To-Do List



School Leadership



Coordinating the Message



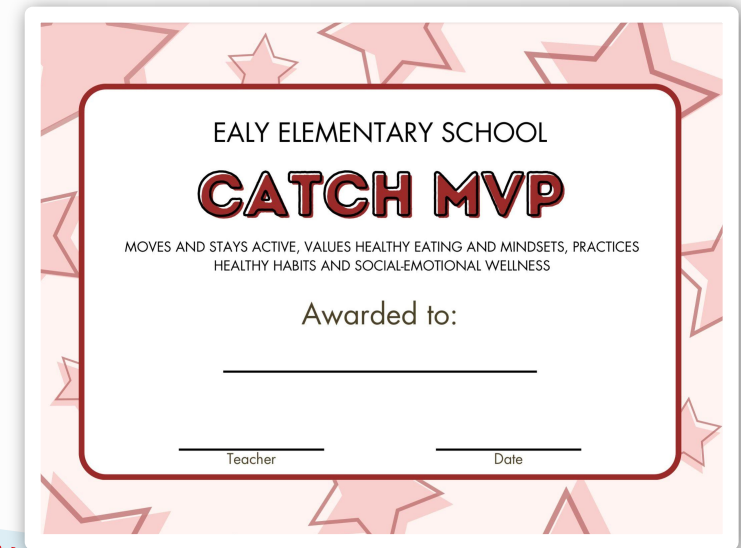
Sharing the Message



Instruction



Family Engagement

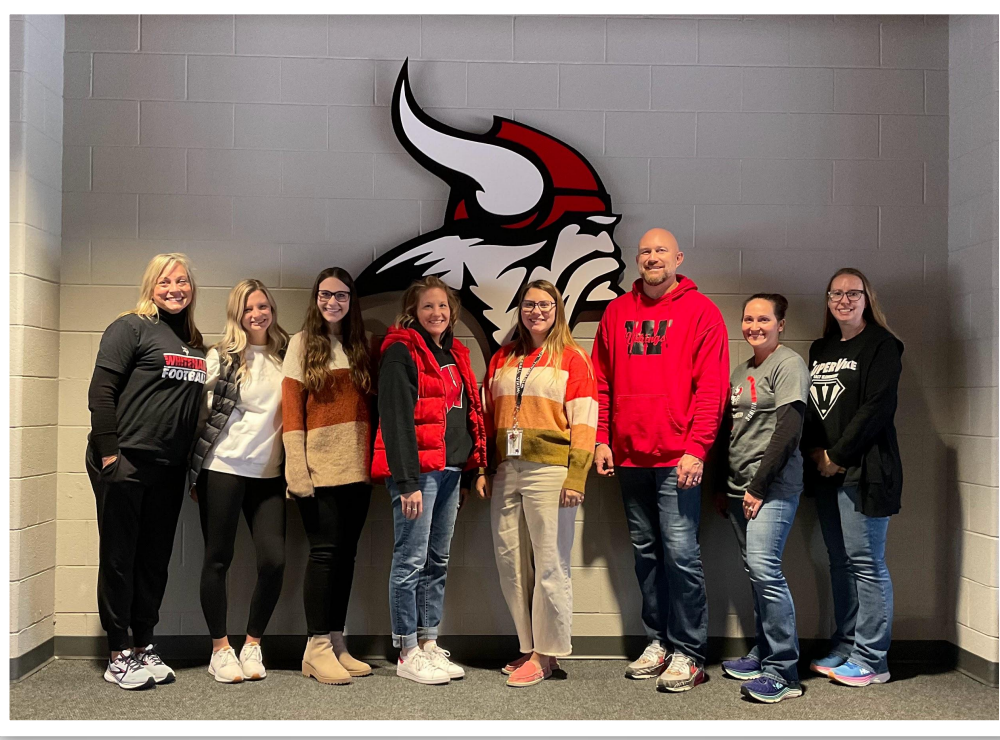


"I was thrilled to give a dude in my class the CATCH MVP award today for having a healthy mindset. There's never been an opportunity for us to say, "hey, you are dynamic in your thinking and processing, and we think your healthy mind and body and heart all work together to help you be successful. Keep it up!""

*Heather Raab
4th Grade Teacher*



Our CATCH Team



Name	Title	Favorite GO Food
ReNae Wilkinson	PE Teacher	Kale Salad
Stacey Chen	Music Teacher	Grapes
Gene Daniels	Art Teacher	Spinach
Jordan Borgeld Emerson Brown Julie McArthur	Teacher Social Worker Counselor	Avocado Eggs Apples
Karissa Mills	Teacher	Peppers and Hummus
Elaina Baffi	Sp. Ed. Teacher	Fruit salad



Our CATCH Team



We picked apples to make applesauce, talked about how the seed becomes an apple with pollinators with a special guest, Connie. We used math and science with measuring ingredients and learned fractions with measurements and slices of the apples. We also had literacy learning with labeling parts of apples and conducted a read aloud while we sampling our homemade applesauce.
Aleece Belinger - Librarian

Fall Spirit Week

School Leadership

- **Meetings:**

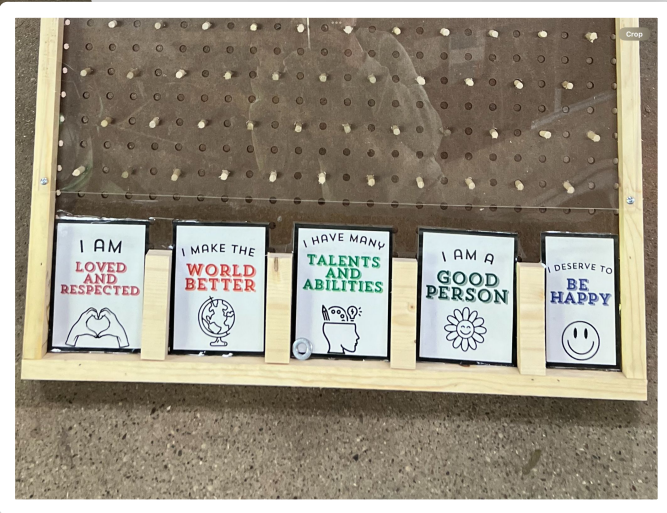
Sept 15 - created a video to promote spirit week. (included a student for leadership opportunity)

- **Successes:**

- Fall Spirit Week
- Staff member made applesauce from an apple tree on school grounds and shared with classes
- Running Club Started
- Weekly/Monthly MVP awards for each grade level
- CATCH incorporated Holiday Night
- Field Day - CATCH Booth
- Field Day - Fun Run Participants grew by 20%



CATCH Messages Everyday & Every Way



Bean Bag Toss and Positive Affirmations Plinko

Coordinating the Message



Walking the Walk...staff members catching up on the trails of the Muskegon Sports Complex

It's GO Foods kind of Halloween



Coordinating the Message

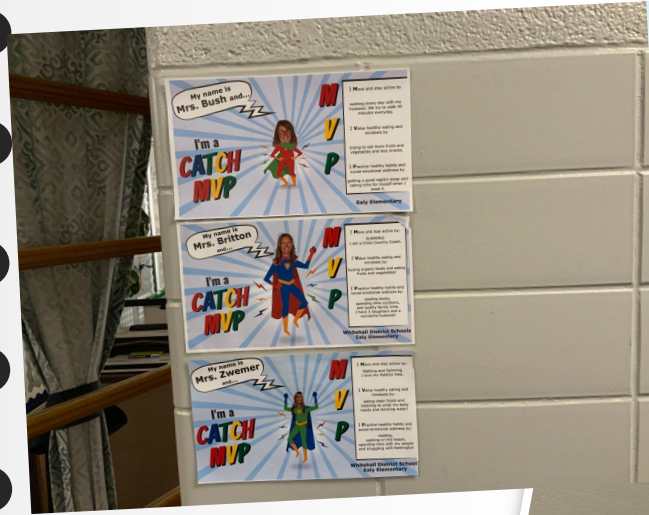
Our Favorite PE Games



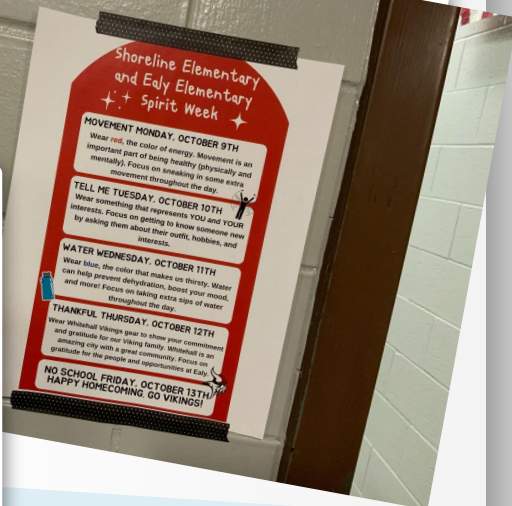
Sink the Ship
Team Tower Target



Capture the Chicken



New Homecoming Spirit Week Themes (more inclusive, less distracting)



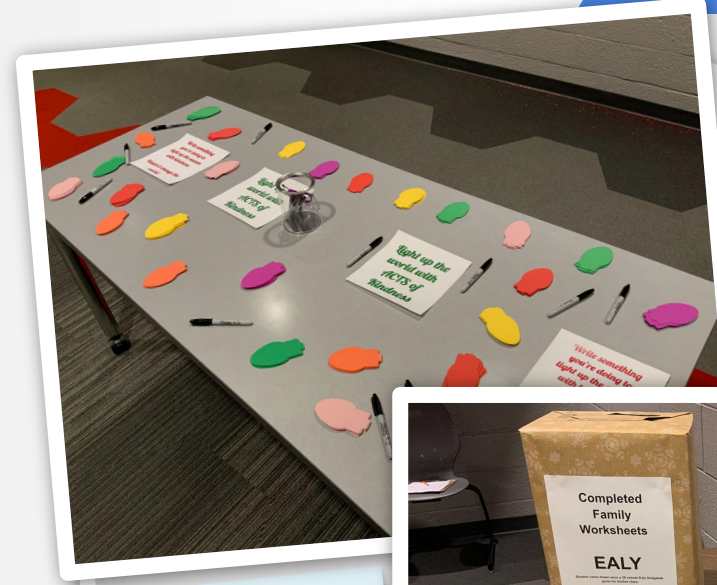
Awesome Staff Participation!



Family Wellness Events & Engagement

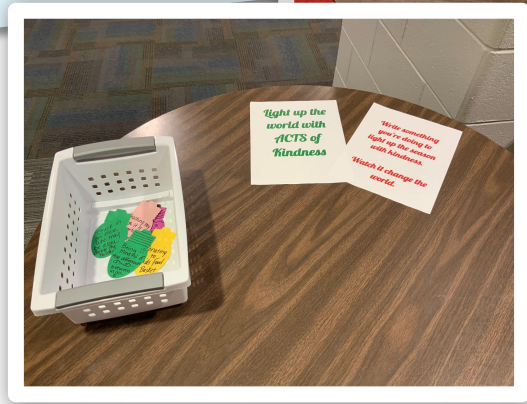
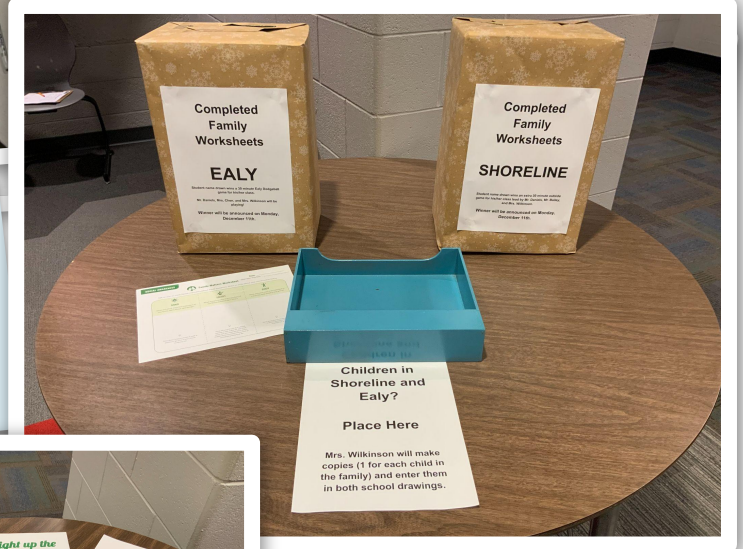


Elementary and Middle School students invited to join families of athletes to cheer on the team as their bus leaves town for Team State Competition!



Family Holiday Night

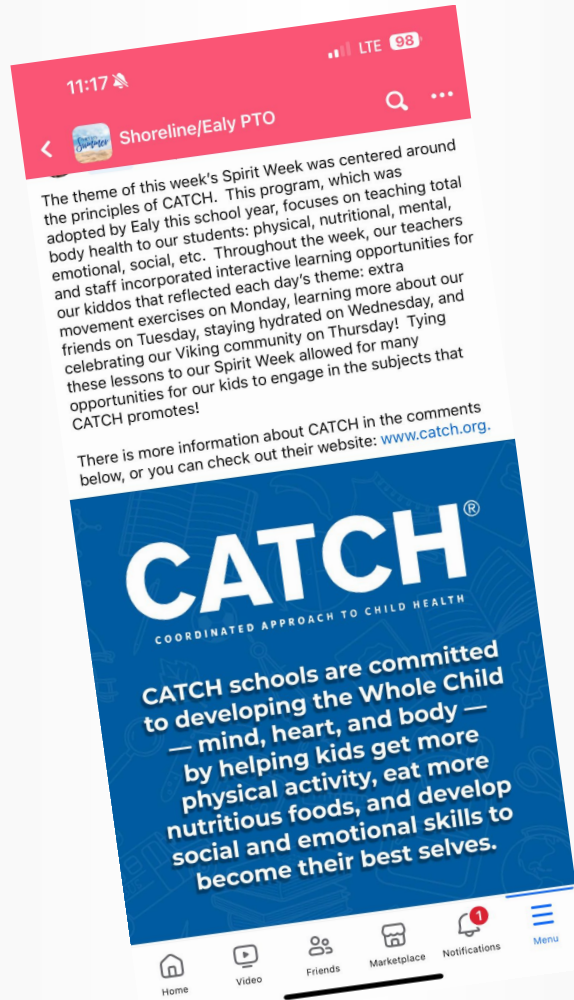
Drawing to win a game led by PE teacher after families filled out Social Awareness Worksheet



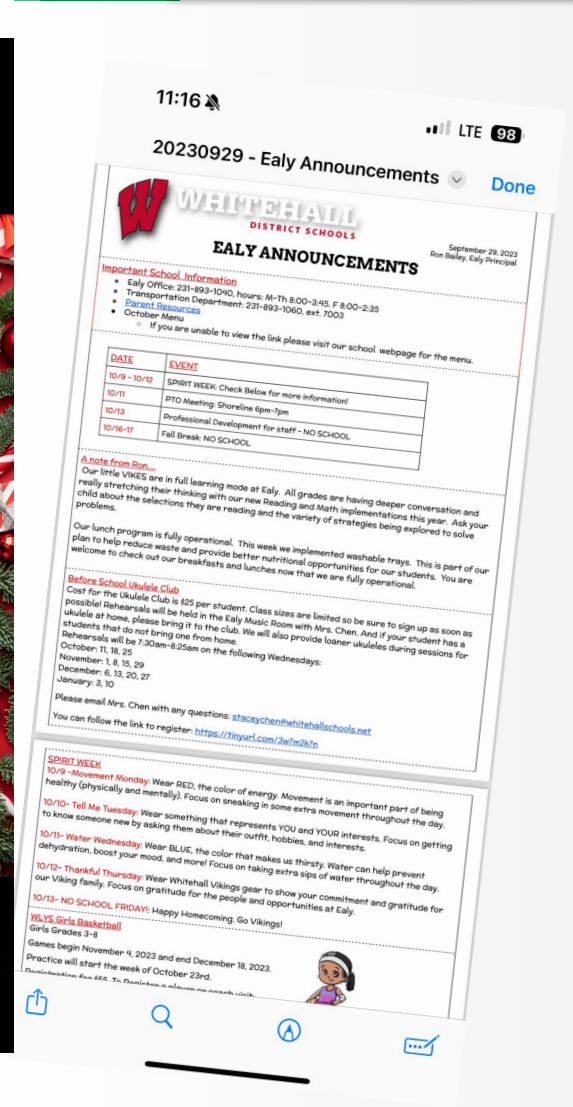
Lighting up the school with kindness



Boosting the Message on Social Media



Sharing the Message





Learning to Make Healthy Choices

Instruction



Join our new Running Club

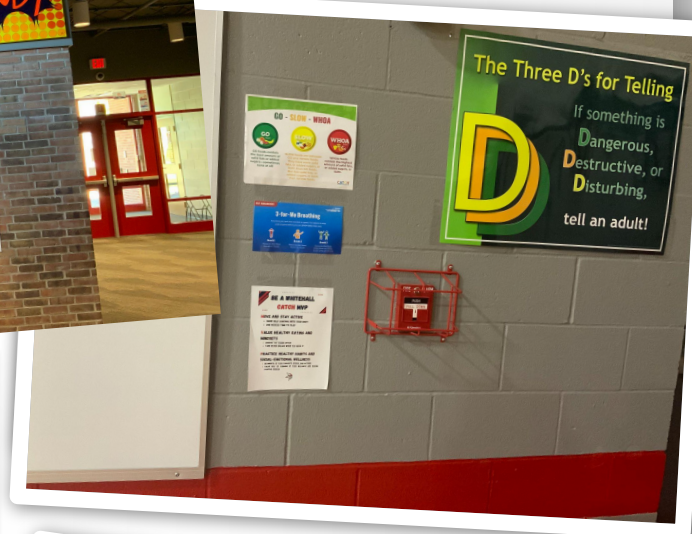
Enjoying GO food at our Halloween celebration



We set personal running goals in and out of the school day!



CATCH posted 24/7





Health is CATCH'ing on

The Coordination kit has given our school the focus we needed to intentionally guide our community to make healthy choices for our minds, hearts, and bodies. Everything we set out to do can incorporate health in some way. Now, we plan for it and avoid what does not. We are choosing our lifestyle out loud as a community. We will continue to CATCH one another as we move forward!