

CATCH[®]
COORDINATED APPROACH TO CHILD HEALTH

Yearbook

We are a
CATCH **MVP**
School!

ROBERT W. COMBS
SCHOOL

- **M**ove and Stay Active
- **V**alue Healthy Eating
- **P**ractice Healthy Behaviors

CATCH us Being Healthy at RW Combs Elementary

2023-2024

CATCH is supported at this campus by



FOUNDATION FOR A
**HEALTHY
KENTUCKY**

A Coordinated Approach to Child Health:

To-Do List



School Leadership



Coordinating the Message



Sharing the Message



Instruction



Family Engagement



*R.W. Combs
CATCH Team*



Our CATCH Team



It's a great responsibility to be a role model for so many kids and it's not one that any of us take lightly.

Name	Title	Favorite GO Food
Megan Watts	Principal	Strawberries, Watermelon and Pineapple
Justin Brashear	PE Teacher	Granola, Fruit and Yogurt
Lula Gibson	Art Teacher	Avocado
Melinda Coleman	Librarian	Fruits and Veggies

✓ Our CATCH Team



Learning new camera angles...lol



Goofing off in class

- **Meetings:**

We met one time per 6 week grading period.

- **Successes:**

- Had FUN
- Eating new foods
- Learned about gardening (food corp)
- 50% MVPA - Increased physical activity



CATCH Messages Everyday & Every Way

“ Practice makes perfect!! ”

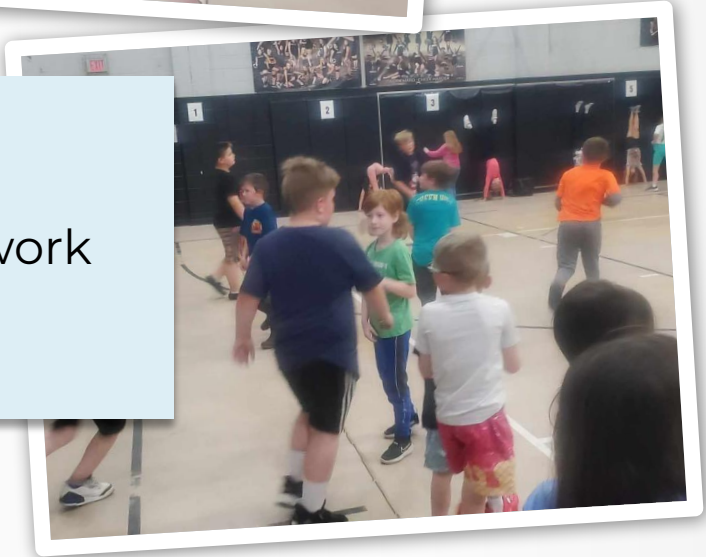


working in
the
classroom



Playing in the
gym!

Teamwork



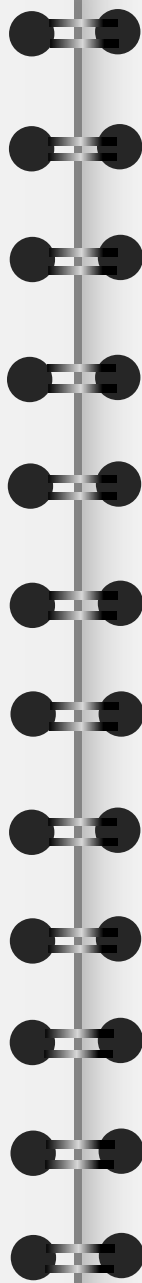
Coordinating the Message

Caught



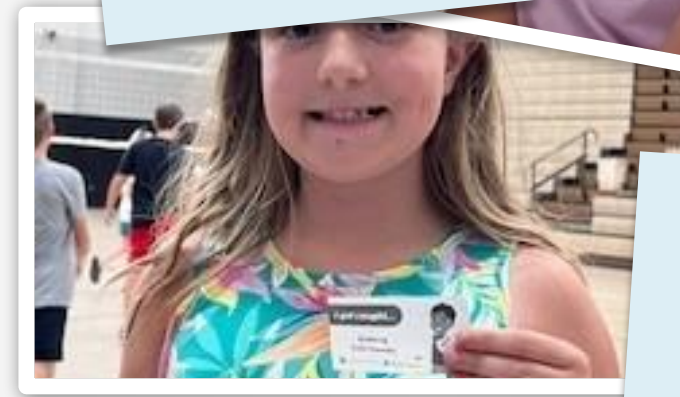
in

act



of

doing



good!



Boosting the Message on Social Media



Playing *tag*!

School
@Tag1

District
@Tag2

CATCH
@CATCHhealth

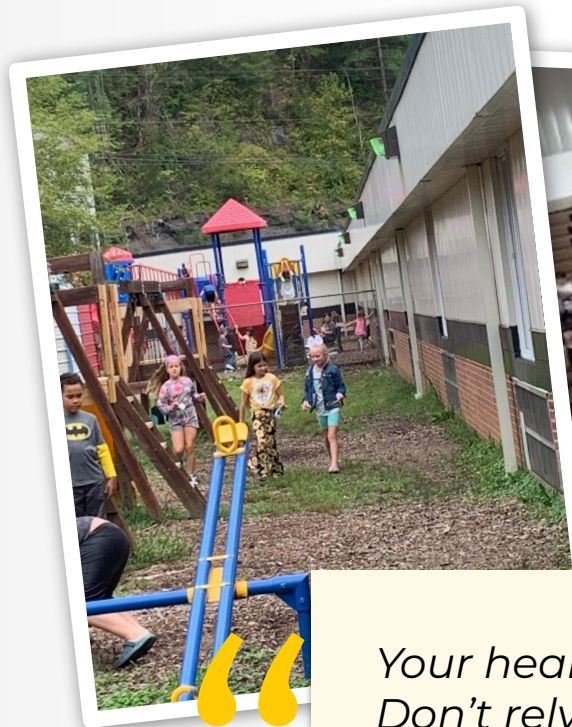
Funder
@Tag3

Sharing the Message

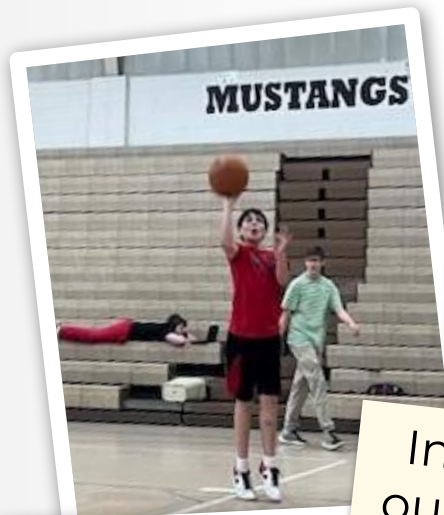


✓ Learning to Make Healthy Choices

Learning how to make better choices



*Your health is up to you!
Don't rely on others to make those decisions for you!!*



Increasing our physical activity time in the gym!

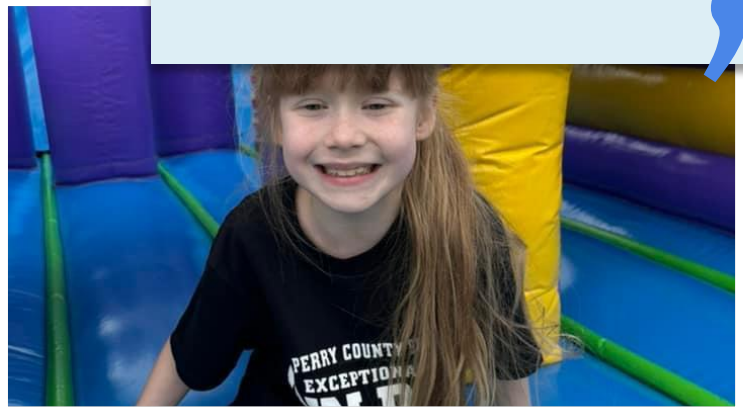
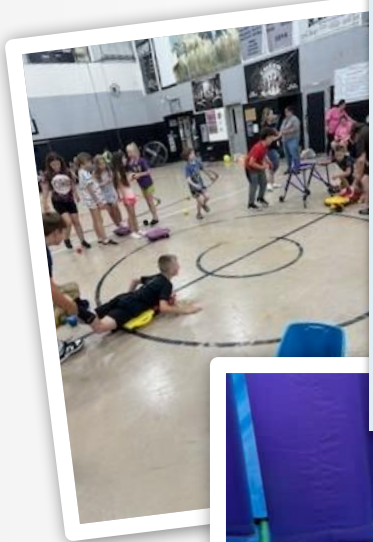




Family Wellness Events & Engagement

*If you set your goals
ridiculously high and
fail, then you will fail
above everyone else's
success! Follow your
dreams!*

- Parent



Field Day Fun!



Field Day Fun!



Field Day Fun!



Health is CATCH'ing on

Using the Coordination kit star tasks to keep momentum going and keep everyone on the same page made committing to a healthy school environment fun and easy. Staff, students and families are starting to look at everything we do here at school with health in mind. Adults being healthy role models really reinforces the message. We can't wait to keep it going next year!