

Professional Development Pricing Guide

Professional Development Levels

- ✓ **In-Service:** Participants will learn how to successfully implement health and wellness programming in their schools or organizations.
- ✓ **In-Service & Train-the-Trainer:** Participants who want to train others in their community in CATCH programming can attend our 3-day Train-the-Trainer (TOT). Learning topics include how to successfully implement health and wellness programming and teaching strategies to host a training. After successfully passing a certification test at the end of the TOT, participants will be certified CATCH Community Trainers and can conduct CATCH professional development trainings within their districts, organizations, and regions.

For all professional development tracks, excluding Youth Vaping Prevention (see below):

Level	Format	Length	Max Attendees	Price
In-Service	In-Person	1 day 6 hours	35	\$4,000
In-Service / Booster	In-Person	½ day 2-3 hours	35	Inquire
In-Service	Virtual	2 hours	25	\$2,000
In-Service & Train-the-Trainer	In-Person	3 days Day 1: In-Service Days 2 - 3: Train-the-Trainer	Day 1: 35 Days 2 - 3: 15	\$10,000

Youth Vaping Prevention:

Level	Format	Length	Max Attendees	Price
Video Lessons	Virtual	6th grade: 4 videos totaling 53 minutes in length 7/8th grade: 4 videos totaling 66 minutes in length	N/A	\$49 per school
In-Service	Virtual	2 hours	35	\$99 per person
Train-the-Trainer	Virtual	2 days Day 1: 3 hours Day 2: 4 hours	Day 1: 15 Day 2: 15	\$425 per person
Private In-Service or Train-the-Trainer	In-Person Virtual	Please contact us to share your interests and needs.		