

What's New at CATCH

SEPTEMBER 2024 TOUR



Tour Guide



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Tour Guide



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“What’s New” Tour Itinerary



1. “Start Your CATCH Journey”
Asynchronous Training



2. Activity Explorer + Demo Videos



3. Substance Misuse Prevention



4. CATCH My Breath

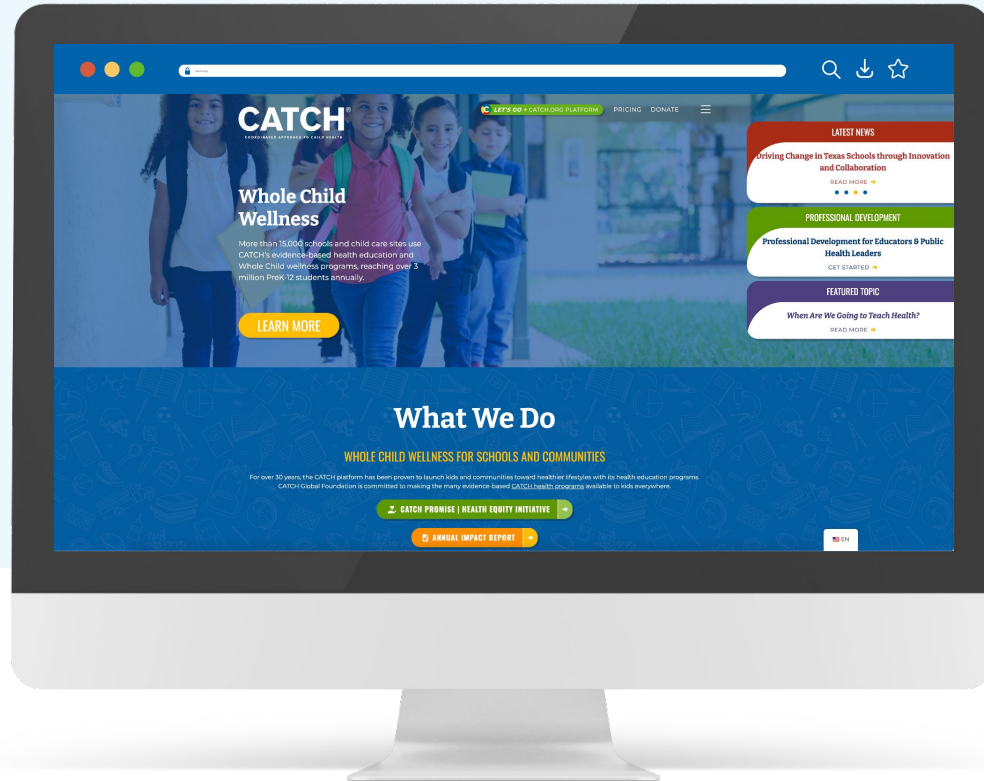


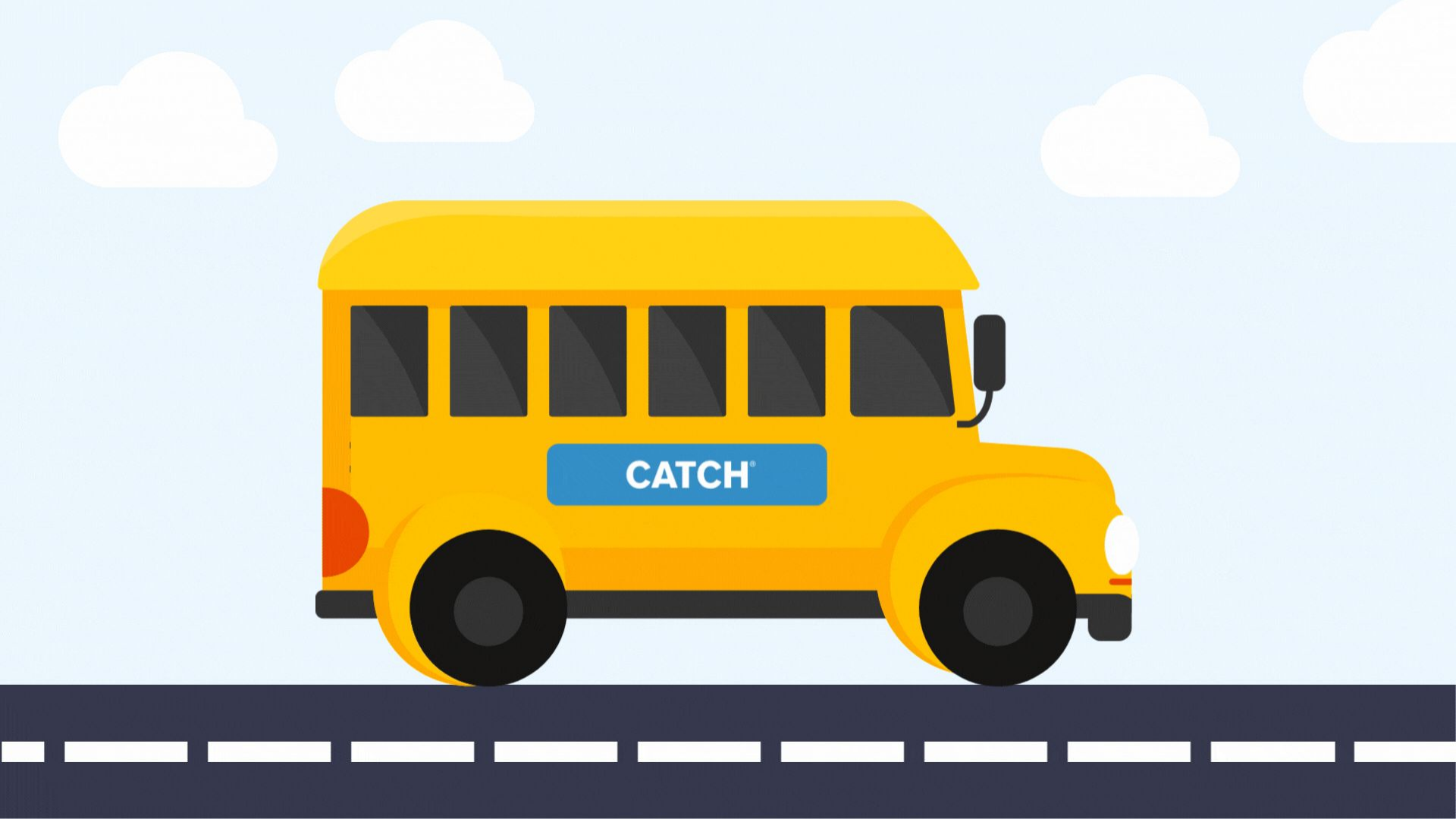
5. Health Ed Journeys



6. Educators' Club

Self-Guided Tour Instructions





CATCH[®]

EN ROUTE



NEXT STOP:

“Start Your CATCH Journey” Asynchronous Training

- Included with any active subscription to:



Health Ed Journeys



PE Journeys



SEL Journeys



Coordination Kit

- Convenient & self-paced
- Engaging videos, slides, & resources
- Access via:
 - Training Lab
 - Program home page
 - “Training” section within program





We Have Arrived

📍 **“Start Your CATCH Journey” Async Training**



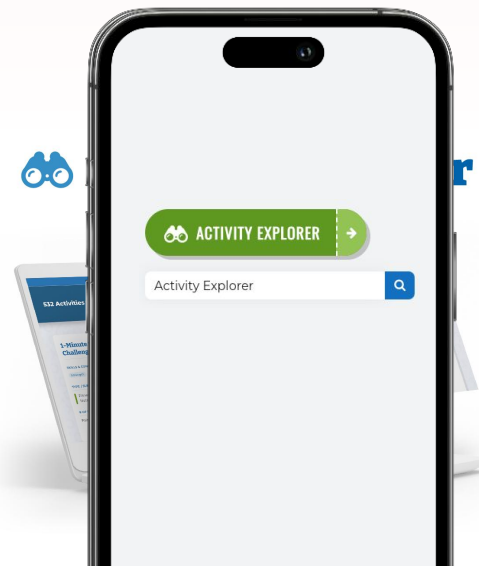
EN ROUTE



NEXT STOP:

Activity Explorer + Demo Videos

- New powerful search tool
 - Filter by 10+ criteria, including:
 - Type & subtype
 - Skills & Concepts
 - Grades
 - # of Players
 - Space Requirement
 - Equipment
 - Standard Alignment
- Available in all physical activity offerings + Educators' Club
 - Click green “Activity Explorer” button
 - Search “Activity Explorer” in search bar
- Save & print activities
- Optimized for all screen sizes



EN ROUTE  NEXT STOP:

Activity Explorer + Demo Videos

- Activity Explorer includes dozens of demo videos for most popular activities
- Available in English & Spanish
- Built for educators





We Have Arrived



Activity Explorer




EN ROUTE  NEXT STOP:
Substance Misuse

- New K-12 standalone substance misuse offering
 - Crosswalks showing alignment to state mandates:
 - TX Tucker's Law
 - IL Fentanyl Education Law available
 - New or updated lessons:
 - Fentanyl Facts (*high school- new components coming this month!*)
 - Medication & Substance (*high school - coming this month!*)
 - All About Avoidance (*high school - coming this month!*)
 - Cannabis Vaping Prevention (*middle & high school available now in CATCH My Breath*)
- K-8 substance misuse content is also included within Health Ed Journeys

Substance Misuse Prevention
✓ ENROLLED

SEE OVERVIEW | [Let's GO! >](#)

 K-12



We Have Arrived



Substance Misuse



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NEXT STOP:

CATCH My Breath Vaping Prevention Program

Spanish Translation

- Available on CATCH My Breath program page
- Activates automatically alongside English version

CATCH My Breath Vaping
Prevention Program (Español)

✓ ENROLLED

SEE OVERVIEW

Let's GO! ▶



5-12

EN ROUTE



NEXT STOP:

CATCH My Breath Vaping Prevention Program

Updated with latest statistics and legislation:

Middle School Student Video Lessons

- ★ Available via paid add-on on CATCH My Breath Program page
- ★ New format

Async Implementation Training

- ★ Available inside of CATCH My Breath program
- ★ English & Spanish versions



We Have Arrived



CATCH My Breath







EN ROUTE  NEXT STOP:
Health Ed Journeys

Mental Health 6-8 Unit

- Updates align with CA, NY, and TX mental health content standards
- Crosswalks showing alignment with CA & NY state mental health education mandates available on HEJ landing page
- California Mental Health Education grant funded by Delta Dental Community Care Foundation
- Updates for grades 6-8 Include:
 - 1 new lesson - Unit 3, Lesson 4, “My Mental Health Plan”
 - Several new activities & handouts



EN ROUTE  NEXT STOP:
Health Ed Journeys

Health Ed Journeys Units 1 & 2

- For providers or instructors who only need content for Nutrition Education and Obesity Prevention
 - SNAP-ED or similar type of organization

Spanish Translations

- Spanish translations now available for student- & parent-facing materials of units 1 & 2 (all grade bands)

EN ROUTE  NEXT STOP:
Health Ed Journeys

Standards Alignment

- Alignments available on Health Ed Journeys landing page

National	SHAPE America National Health Education Standards (NHES)	2024	K-8
National	CASEL Core Competencies	n/a	K-8
Texas	Texas Essential Knowledge and Skills (TEKS)	2020	K-8
Texas	Tucker's Law	2023	6-8
California	SB-224 Mental Health Education	2021	7-8
New York	Mental Health Education Framework 0724		

- National alignments also available within program:
 - Unit Intros
 - Lesson Overview Table



EN ROUTE  NEXT STOP:
Health Ed Journeys

Health Ed Journeys Skills-Based Revamp

- Incorporating a Skills-Based or Standards-Based Approach (*phase 1 - coming summer 2025!*)
 - Each unit will center on skill instruction and practice aligned to National Health Education Standards
- Each skill unit will include leveled and authentic, performance based assessments based on UDL guidelines that measure the skill mastery
- Skill and Community Building unit added to each grade band.
- Know Before You Go Educator Guide will provide support for educators
- Webinar: Best Practices in Skills-Based Health Education, October 15 at 1:00pm



We Have Arrived



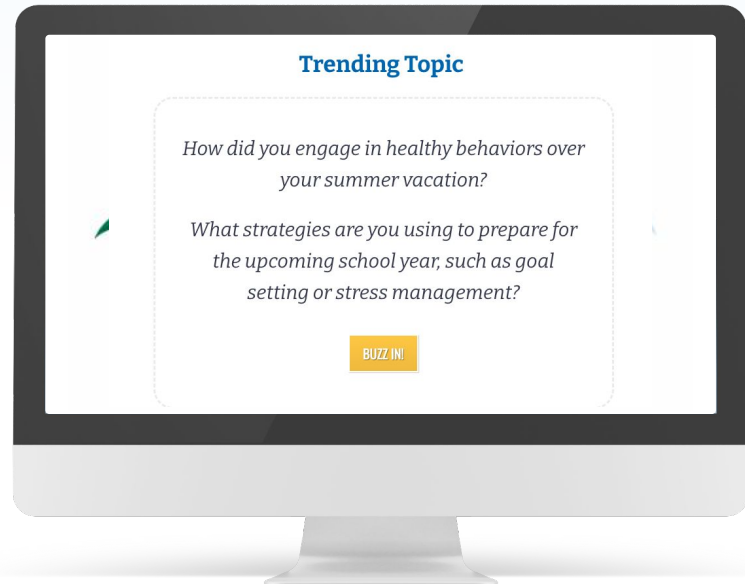
Health Ed Journeys



EN ROUTE  NEXT STOP:
Educators' Club

Sign up for free to access:

- Front desk gifts of peace, inspiration, or laughter
- Connection with peers via “Community Buzz”
- Dozens of free Activity Explorer physical activities
- + more!





We Have Arrived

 **Educators' Club**



**We hope you
enjoyed your tour!**



Let's stay in touch.



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